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ABSTRACT

The purpose of this work is to determine the Nursing care performed in bedridden elderly patients of the INERAM. Asunción, June 2019; whose **Methodological Design**: it is descriptive, quantitative, cross-sectional. The sample was represented by 48 Nursing staff from Room I and IV of INERAM recruited by simple random probability sampling through a pre-structured questionnaire through a survey, respecting confidentiality. **Results**: The data found in this study show that in a greater percentage the Nursing staff is between the ages of 30-39, they are from Room I and with an age in the Institution from 11 to 15 years. In relation to the practices carried out by the Nursing staff, a large percentage said that the general assessments made during their shift consist of vital signs control, hygiene, risk assessment and identification of basic pathologies. Given the physical complications are bedsores, malnutrition and falls, among mental complications we have delirium, depression and anxiety, while social complications; abandonment occurs in the majority of bedridden elderly patients. **Conclusion**: The Nursing Care performed in bedridden elderly patients of INERAM are very good.

Keywords: Nursing Care, Bedridden Patient, Senior Adult.